



2015

SALINA PARKS & RECREATION  
THERAPEUTIC RECREATION PROGRAM

# NEWS & VIEWS



**Art Class**  
**\$5/\$10**  
**Mon., Aug. 3**

Channel your inner creativity! Color, paint, or do a craft. Pick-ups start at 2:00 pm and the class runs from 3:00-4:00 pm at Carver Center.

**River Walking**  
**\$4/\$9**  
**Wed., Aug 5**

Beat the summer heat in the coolness of the water at Kenwood Cove! Pick-ups begin at 6:15 pm. Please have your swimsuit on when we arrive to pick you up!! River Walking is from 7:15-8:15 pm. Participants will still receive Mileage Club "Toe Tokens" and get credit for the time spent river walking.

**Mileage Club**  
**\$4/\$9**  
**Fri., Aug. 7**

Mileage Club participants receive "Toe Tokens" for each mile walked plus additional incentives for goals reached. This month we will walk in the Central mall due to the heat. Pick-ups begin at 2:00 pm and we will walk from 3:00-4:00 pm

**So You Think You Can Dance?**  
**\$8/\$16 for both classes**  
**Mon., Aug. 10 & 17**

Do you love music? Do you like to dance? Need a little exercise? This class is right up your alley!! Pick-ups begin at 4:30 pm and the class runs from 5:30-6:30 pm at Friendship Center.

**Healthy Cooking** *Accessible*  
**\$8/\$13** *Limit 10*  
**Fri., Aug. 14**

This class is mostly reserved for those who cannot attend the cooking class at the Food Bank due to accessibility. Join us at Friendship Center from 3:00-4:00 pm for a healthy cooking lesson. This month we will be preparing Mexican Stuffed Tomatoes. Pick-ups begin at 2:00 pm. **You may only attend one cooking class to give everyone a chance to attend.**

**Bowling I & II**  
**\$7/\$12 per session**  
**Wed., Aug 19 & 26**

Bowl two games each week. Cost includes shoe rental. Please bring money if you wish to purchase food or drinks. Pick-ups begin at 2:00 pm and bowling is from 3:00-4:00 pm at All Star Lanes.

**Cooking Class** *Non-Accessible*  
**\$8/\$13**  
**Fri., Aug 21**

Join us at the Salina Emergency Food Bank for a cooking lesson from 3:00-4:00 pm. Participants will help prepare a dish to take home, and help clean up after the lesson. Pick-ups begin at 2:00 pm. **The size of the kitchen limits this class to 8 people!**

**Afternoon Movie**  
**\$10/\$15**  
**Mon., Aug. 24**

Join us for a movie at Starplex Cinemas in the mall. Pick-ups begin at 2:45 pm. When we get to the mall, you'll choose a movie to watch. **You may bring money to purchase snacks/drinks.** A small popcorn and drink are \$10.75. The theatre offers hot dogs for \$1, but drinks are about \$5.25 and up. **\*\*Prices may change due to the theater being sold!!**

**Summer's End Dance**  
**\$10 No Transportation**  
**Fri., Aug 28**

Put on your shorts, flip-flops, and sunglasses and meet us at Friendship Center as we celebrate summer's end with music and dancing! Doors open at 6:15 pm and the dance runs from 6:30-8:30 pm. Drinks and snacks provided.

**Lunch and A Show**  
**Brookville Hotel & Ring of Fire**  
**Wednesday, August 12**  
**12:00 pm-4:30 pm**

From the iconic songbook of Johnny Cash comes this unique musical about love and faith, struggles and success, rowdiness and redemption, and home and family. Johnny Cash's remarkable life story is told through music. Enjoy a chicken dinner at Brookville Hotel prior to the show. Pick-ups begin at 10:30 am. We will meet the charter bus and depart from the Kenwood Cove parking lot at 11:30 pm. Cost will be \$65. (P.A. fee will be the same.)

**LITTLE BIG TOWN**  
**AT THE KANSAS STATE FAIR**  
**SATURDAY, SEPTEMBER 19**  
**7:30-10:00 PM**

Our evening begins with pick-ups at 4:30 p.m. (Please eat supper before we pick you up or bring a sack lunch to eat on the bus!!) We will depart Salina for Hutchinson at 5:30 p.m. We will arrive at the fair at approximately 6:30 p.m. with plenty of time to park, find our seats, and maybe look at some t-shirts!! The concert begins in the grandstand at 7:30 p.m. Our approximate arrival home will be 11:30 p.m. with drop-offs following. Cost is \$65 (P.A. fee is \$50) Limited tickets available, so get yours before it's too late!!

### How to contact us

Salina Parks & Recreation Dept.  
300 W. Ash, Rm 100  
785-309-5765

Therapeutic Recreation Cell Phone:  
785-819-2321  
E-mail: [Linnette.burger@salina.org](mailto:Linnette.burger@salina.org)